

# *the* KOSHER GOURMET

TAKE-OUT & CATERING

TAKE OUT & SUSHI MENU



**PARKING IN REAR**

**DELIVERY AVAILABLE**

**416.781.9900**

3003 BATHURST STREET, TORONTO  
(BATHURST & CARIBOU)

[www.koshergourmet.ca](http://www.koshergourmet.ca)



ALL PRICES SUBJECT TO CHANGE.

## APPETIZERS

Cabbage Rolls	\$4.99 ea
Chicken or Beef Liver with Onions	\$8.99 lb
Chicken or Beef Chopped Liver	\$8.99 lb
Crepe - Potato or Mushroom (SEASONAL)	\$3.99 ea
Crepe - Meat (SEASONAL)	\$4.99 ea
Gefilte Fish	\$7.99 lb
Herring - AJ's Matjes	\$7.29 ea
Herring - Spiced Matjes	\$6.99 ea
Herring - Marge Matjes	\$7.99 ea
Herring - Pickled	\$6.99 ea
Herring - Shmaltz	\$6.49 ea
Herring - Spicy (Creamed)	\$6.49 ea
Herring - Oneg Shabbos (Spicy Salad)	\$8.99 ea
P'chai / Gala	\$5.99 ea

## SALADS & DIPS

Babaganush	\$7.99 lb
Beet Salad	\$4.99 lb
Cauliflower Dip	\$10.99 lb
Chipotle Dip (Spicy)	\$6.99 lb
Coleslaw - Creamy or Vinegar	\$4.49 lb
Coleslaw - Creamy LOW FAT / NO SUGAR	\$5.99 lb
Coleslaw - Vinegar NO SUGAR	\$5.79 lb
Cucumber Salad	\$5.99 lb
Cucumber Salad LOW FAT / NO SUGAR	\$6.59 lb
Egg Salad	\$5.99 lb
Eggplant Salad	\$7.99 lb
Fried Zucchini	\$10.99 lb
Green Bean Salad	\$9.99 lb
Grilled Portobello Mushroom w/ Zucchini	\$9.99 lb
Hummos	\$9.99 lb
Israeli Salad	\$9.99 lb
Jalapeño Dip	\$8.99 lb
Matbucha (Eggplant)	\$9.99 lb
Mock Liver (Eggplant)	\$8.99 lb
Mushroom Salad	\$9.99 lb
Mushroom Dip	\$10.99 lb
Olive Dip (Black or Green)	\$10.99 lb
Pasta Salad w/ Mayonnaise	\$6.99 lb
Potato Salad	\$5.99 lb
Roasted Pepper Dip	\$11.99 lb
Spicy Eggplant Salad	\$7.99 lb
Sundried Tomato Dip	\$8.99 lb
Tehina	\$9.99 lb
Tomato & Herb Dip	\$10.99 lb
Tuna Salad	\$8.99 lb
Tuna Salad BISHUL YISRAEL	\$10.99 lb
Turkish Dip	\$8.99 lb
Zucchini Dip (Red or Green)	\$8.99 lb

## ON THE SIDE

Baked Potato	\$9.99 lb
Baked Sweet Potato	\$9.99 lb
Breaded Eggplant or Cauliflower	\$9.99 lb
Brown Wild Rice w/ Vegetables	\$9.99 lb
Chicken Fried Rice	\$9.99 lb
Couscous Salad	\$7.99 lb
Egg Rolls - Chicken - Small	\$8.99 lb
Egg Rolls - Pastrami - Large	\$3.99 lb
Egg Rolls - Vegetable - Small	\$7.99 lb
Farfel	\$7.99 lb
Fried Potatoes & Onions	\$9.99 lb
Grilled Cauliflower	\$9.99 lb
Wontons	\$13.99 lb
Homemade Challah	\$6.99 ea
Hot Dogs in Blanket	\$18.99 lb
Kasha & Bows	\$7.99 lb
Knish - Beef	\$8.99 lb
Knish - Liver	\$3.00 ea
Knish - Potato (Baked)	\$7.99 ea
Knish - Potato (Fried)	\$2.99 ea
Knish - Spinach	\$7.99 lb
Mashed Potatoes	\$5.99 lb
Orzo	\$6.99 lb
Pasta with Sundried Tomatoes	\$7.99 lb
Potato Pierogis	\$9.99 lb
Quinoa with Raw Vegetables	\$9.99 lb
Quinoa with Sautéed Vegetables	\$9.99 lb
Quinoa Burger	\$10.99 lb
Rice Pilaf	\$8.99 lb
Fried Rice (Parve)	\$8.99 lb
Roasted Potatoes	\$9.99 lb
Samosa	\$12.99 lb
Sesame Noodles (Regular)	\$7.99 lb
Sesame Noodles (Whole Wheat)	\$9.99 lb
Shanghai Noodles	\$8.99 lb
Squash - Baked	\$8.99 lb
Sweet Potato - Baked	\$9.99 lb
Thai Noodles (Regular)	\$7.99 lb
Thai Noodles (Whole Wheat)	\$9.99 lb



Complete selection  
of fresh poultry  
& meats available



Delicious lines  
of soups, dips  
and kugels

## DRESSINGS & SAUCES

AJ's BBQ Sauce	\$3.99 ea
AJ's Dipping Sauce	\$3.99 ea
Asian Chicken Sauce	\$3.99 ea
Caesar Dressing	\$4.99 ea
Chipotle BBQ Sauce	\$3.99 ea
Deli Salad Dressing	\$4.99 ea
Herb & Garlic Dressing	\$4.99 ea
Horseradish/Chrein (Strong or Sweet)	\$5.29 ea
Hot and Spicy Sauce	\$3.99 ea
Italian Chicken Sauce	\$3.99 ea
Sauteed Garlic Dressing	\$4.99 ea
Spicy Mustard Dressing	\$4.99 ea
Vinaigrette Dressing	\$4.99 ea
Low Fat Caesar Dressing	\$6.99 ea

## SOUPS | 750 ml 2-3 people |


Chicken Soup - Clear	\$5.99 ea
Kreplach - Beef	\$10.99 lb
Kreplach - Chicken	\$10.99 lb
Matzo Balls	\$5.99 lb
Cream of Chicken Soup	\$6.99 ea
Cream of Zucchini Soup	\$5.99 ea
Fruit Soup (seasonal)	\$8.99 ea
Gourmet Vegetable Soup	\$5.99 ea
Mushroom Barley Soup	\$6.99 ea
Potato Leek Soup	\$5.99 ea
Squash Soup	\$5.99 ea

## BEEF

BBQ Beef	\$17.99 lb
Beef Burgers	\$13.99 lb
Beef Poppers (Asian)	\$15.99 lb
Chipotle Beef	\$16.99 lb
Grilled Chinese Beef	\$16.99 lb
English Steak (Reg)	\$24.99 lb
English Steak (Wagyu)	\$31.99 lb
London Broil	\$19.99 lb
Meatballs	\$12.99 lb
Miami Ribs	\$18.99 lb
Pickled Second Fillet	\$19.99 lb
Skirt Steak Grilled	\$18.99 lb
Spicy Beef or Sweet Beef	\$14.99 lb
Spicy Beef with Noddles	\$9.99 lb
Sweet Beef	\$14.99 lb
Teriyaki Beef	\$16.99 lb

## CHICKEN | *on the bone* |

Asian Chicken (Honey Legs)	\$9.99 lb
BBQ Chicken - Wings	\$7.99 lb
BBQ Rotisserie Chicken (3 - 3 1/2 lbs.)	\$17.99 ea
Breaded Chicken Wings	\$9.99 lb
Buffalo Wings - Hot	\$7.99 lb
Honey Garlic Wings	\$7.99 lb
Southern Fried Chicken	\$9.99 lb
Spicy Chicken Wings	\$7.99 lb
Grilled Honey Garlic Wings	\$8.99 lb



Assortment of quality plastic plates, bowls, cups and more!



Wide variety  
of fresh take-out  
foods - daily!

## CHICKEN | *boneless* |

Chicken Balls (Asian)	\$13.99 lb
Chicken Breast with General Tao Sauce	\$14.99 lb
Chicken Breast with Sweet n' Sour Sauce	\$14.99 lb
Chicken Fingers	\$16.99 lb
Chicken Poppers (Asian, Mild)	\$14.99 lb
Chicken Salad	\$9.99 lb
Chicken Spinach Burgers	\$10.99 lb
Chicken w/ Noodles & Vegetables	\$9.99 lb
General Tao Chicken Sauté	\$11.99 lb
General Tao Chicken (Spicy)	\$11.99 lb
Grilled Breast or Thigh with BBQ, Teriyaki or Honey Garlic Sauce, or Plain Spiced	\$14.99 lb
Honey Poppers	\$14.99 lb
Italian Chicken with Herbs (Breast Only)	\$15.99 lb
Lemon Chicken (Breast Only)	\$15.99 lb
Sauté Chicken with Sweet n' Sour Sauce	\$11.99 lb
Sesame Chicken Balls in Sweet n' Sour Sauce	\$13.99 lb
Sesame Chicken Balls in Mustard Sauce	\$13.99 lb
Shnitzel - Breast or Thigh	\$15.99 lb
Sweet and Sour Chicken (Asian)	\$12.99 lb
Sweet and Sour Chicken Balls (Asian)	\$13.99 lb
Sweet and Spicy Chicken	\$11.99 lb
Sweet Chicken (Asian)	\$12.99 lb

## TURKEY & VEAL

Grilled Turkey Breast	\$13.99 lb
Turkey Shwarma	\$12.99 lb
Veal Cutlets (Breaded or Grilled)	\$29.99 lb

## FISH

Baked Tilapia	\$19.99 lb
Baked Tilapia - Battered	\$19.99 lb
Fillet of Sole - Breaded	\$18.99 lb
Grilled Salmon	\$16.99 lb
Grilled Salmon Teriyaki	\$16.99 lb
Lox	\$22.49 lb
Poached Salmon Whole (by order only)	\$13.99 lb
Salmon Spinach Burgers	\$12.99 lb

## KUGELS, CHOLENT & KISHKA

Broccoli Kugel	\$8.99 ea
Cauliflower Kugel	\$7.49 ea
Cholent w/Meat	- Regular \$8.99 ea
	- 9 x 13 (20-25 people) \$35.00 ea
	- 18 x 21 (50-60 people) \$75.00 ea
Kishka	\$7.99 lb
Mushroom Kugel	\$7.29 ea
Potato Kugel	- Regular \$6.29 ea
	- 9 x 13 (20-25 pieces) \$25.00 ea
	- 18 x 21 (45-50 pieces) \$48.00 ea
Potato Kugel - Shredded	\$6.29 ea
Salt & Pepper Lokshen/Noodle Kugel	\$6.99 ea
Sweet Lokshen/Noodle Kugel	\$6.99 ea
Vegetable Cholent	\$7.99 ea
Vegetable Kishka	\$6.99 lb
Vegetable Kugel	\$7.59 ea
Yerushalmi Kugel	\$7.29 ea
Zucchini Kugel	\$7.59 ea

*All kugels available in 9x13 and 18x21*

## DELI

Aaron's Corned Beef	\$20.99 lb
Aaron's Honey Turkey	\$18.99 lb
Aaron's Oven Roasted Turkey	\$18.99 lb
Aaron's Pastrami Corned Beef	\$19.99 lb
Aaron's Pastrami Shoulder	\$19.99 lb
Aaron's Roast Beef	\$19.99 lb
Aaron's Salami	\$14.99 lb
Aaron's Smoked Turkey	\$18.99 lb
Continental Smoked Dark Turkey	\$20.99 lb
Continental Smoked Turkey Breast	\$18.99 lb
Kosher Gourmet Pastrami	\$18.99 lb
Marvid Oven Roasted Turkey	\$19.99 lb
Marvid Smoked Turkey	\$19.99 lb

### *Additional Varieties of Deli Available in Store*

**Please note:** This is a take-out and catering menu. Some of the items listed in this menu are for pre-orders and are not necessarily available regularly from our in-store selection.

## VEGETARIAN MAKI

8 PIECES PER ORDER

Carrot	\$4.49
Avocado	\$4.49
Cucumber	\$4.49
Mango (Seasonal)	\$4.49
Shitake Mushroom	\$4.99
Vegetarian   AVOCADO, CUCUMBER & RED PEPPER	\$4.99
BBQ Sweet Potato	\$5.99
Deep Fried Sweet Potato	\$6.99
Pickled Radish	\$4.49
Children's Roll   RICE ROLL	\$2.99

## KOSHER GOURMET MAKI

8 PIECES PER ORDER, (\*FUTO - 4 PIECES)

California   MOCK CRAB, AVOCADO & CUCUMBER,   COOKED	\$5.99
Futo   SHITAKE, PEPPERS, POLLOCK, CUCUMBER & TAMAGO,   COOKED*	\$5.99
Salmon   RAW OR COOKED	\$5.99
Tuna Alaska   RAW OR COOKED	\$6.99
TUNA, AVOCADO & CUCUMBER	
Smoked Salmon*	\$7.99
Spicy Salmon*   RAW OR COOKED	\$6.99
Spicy Crab*   COOKED	\$5.99
Tuna   RAW OR COOKED	\$6.99
Tuna Alaska   RAW OR COOKED	\$7.99
TUNA, AVOCADO & CUCUMBER	
Tuna Salad Roll   TUNA SALAD, SHITAKE AND TEMPURA	\$8.99
Spicy Tuna*   RAW OR COOKED	\$7.99

\* INCLUDES SPICY SAUCE & TEMPURA BITS

## NIGIRI

BED OF RICE TOPPED WITH... / PRICE PER PIECE

Avocado	\$1.50
Tuna	\$2.25
Salmon	\$1.99
Egg	\$1.75





## SUSHI SPECIALTIES

AJ's Roll	\$7.99
SHITAKE, AVOCADO, TEMPURA BITS W/ SHITAKE MUSHROOM SAUCE	
Crunchy Cali Roll   COOKED	\$7.99
CALIFORNIA ROLL COVERED WITH TEMPURA BITS	
Daniel Roll   COOKED	\$11.99
AVOCADO, CARROT, CUCUMBER, DEEP-FRIED WHITE FISH, WITH SPICY MAYO AND TEMPURA BITS	
David Roll	\$9.99
AVOCADO, PICKLED RADISH, MANGO, CHEF'S SPICY SAUCE & TEMPURA BITS	
Double Spicy Salmon   RAW	\$11.99
SPICY SALMON SASHIMI ON TOP OF A SPICY SALMON ROLL	
Double Spicy Tuna   RAW	\$12.99
SPICY TUNA SASHIMI ON TOP OF A SPICY TUNA ROLL	
Dragon	\$9.99
VEGETARIAN ROLL TOPPED WITH THINLY SLICED AVOCADO	
Dynamite   COOKED	\$10.99
DEEP FRIED MOCK SHRIMP, CUCUMBER & AVOCADO W/ SPICY SAUCE	
Esther Roll	\$9.99
AVOCADO, TEMPURA BITS AND SPICY MAYO MADE WITH SOY PAPER TOPPED WITH SWEET SAUCE	
Fire Mountain Roll   RAW OR COOKED	\$14.99
CRAB MEAT, SHITAKE MUSHROOMS, SALMON, SPICY MAYO & TEMPURA BITS	
Golden Dragon	\$10.99
VEGETABLE ROLL TOPPED W/ DEEP FRIED STRIPS OF SWEET POTATO	
Godzilla Roll   RAW OR COOKED	\$14.99
CALIFORNIA ROLL, SALMON ROLL & SHITAKE MUSHROOM ROLL DEEP FRIED	
KYU Roll   RAW, NO RICE, 4 PIECES	\$10.99
PEELED CUCUMBER WITH SALMON, AVOCADO AND POLLACK	



MOSES ROLL



CALIFORNIA HANDROLL



SASHIMI

## HANDROLLS

CONE SHAPED ROLLS / PRICE PER PIECE

Alaska   RAW OR COOKED	\$4.25
SALMON, AVOCADO & CUCUMBER	
California   POLLOCK, AVOCADO & CUCUMBER	\$4.25
Spicy Salmon   RAW OR COOKED	\$4.25
Spicy Tuna   RAW OR COOKED	\$4.75

## SASHIMI SLICED FRESH FISH / 5 PIECES PER ORDER

Tuna	\$8.49
Spicy Tuna	\$9.99
Salmon	\$7.49
Spicy Salmon	\$8.99

Moses Roll   RAW	\$12.99
AVOCADO, SPICY SAUCE, JALAPEÑO AND TEMPURA BITS TOPPED WITH TUNA AND JALAPEÑO	
Onion Crunch Roll	\$10.99
AVOCADO, CARROT, CUCUMBER WITH DEEP FRIED ONION WITH MAYO DRESSING AND TEMPURA BITS	
Park Roll	\$9.99
AVOCADO & SHITAKE MUSHROOM, SEAWEED ON OUTSIDE & DEEP FRIED	
Philadelphia Roll   RAW OR COOKED	\$10.99
CREAM CHEESE, SALMON AND AVOCADO	
Rainbow Roll   RAW	\$10.99
STRIPS OF SALMON, TUNA & AVOCADO ON VEGETARIAN ROLL	
Salmon Lovers   RAW	\$11.99
SPICY SALMON ROLL TOPPED WITH STRIPS OF SALMON	
Salmon Shitake Roll   RAW OR COOKED	\$10.99
Deep Fried	\$12.50
SALMON, SHITAKE, TEMPURA BITS W/ SHITAKE MUSHROOM SAUCE & SPICY MAYO	
Sushi Pizza   RAW OR COOKED	
DEEP FRIED SUSHI RICE WITH SPICY MAYO & SHITAKE MUSHROOM SAUCE	
Topped with Avocado and Salmon	\$9.99
Topped with Avocado and Tuna	\$10.99
Topped with Vegetables	\$7.99
Tuna Lover's Roll   RAW	\$12.99
STRIPS OF SIX PIECES OF TUNA ON A SPICY TUNA ROLL	
Vegetarian Rainbow Roll	\$10.99
STRIPS OF GRILLED PEPPERS ON VEGETARIAN ROLL	
Yamsuf Roll	\$11.99
AVOCADO, CARROT, DEEP-FRIED YAM, MAYO DRESSING & TEMPURA BITS	
Yehuda Roll   RAW OR COOKED	\$14.99
SALMON, AVOCADO, CUCUMBER, PEPPER, JALAPEÑO, HOT SAUCE AND TEMPURA BITS	



KYU ROLL



GODZILLA ROLL



FIRE MOUNTAIN ROLL

## EXTRAS

Spicy Sauce & Tempura Bits	\$1.00 per Maki
Extra Item   VEGI	.50¢ per Maki
Deep frying for any roll*	\$1.50 per Maki
* \$1.50 APPLIES TO ITEMS PRICED AT \$5.99 OR MORE ALL OTHER DEEP FRIED ROLLS HAVE A MINIMUM COST OF \$7.49.	
Brown Rice	\$1.00 per Maki
Soy Bean Paper Sheet	\$2.00 per Maki

## SIDE ORDERS

Spicy Mayonnaise	LARGE \$3.99
Shitake Mushroom Sauce	LARGE \$4.29

# SUSHI PLATTERS

| SPECIFY RAW OR COOKED |

## | PLATINUM PLATTER |

130 Pieces

\$95.00

INCLUDES:

16 AVOCADO	8 VEGETARIAN	10 SALMON SHITAKE
16 CUCUMBER	8 SPICY VEGETARIAN	8 SPICY SALMON
8 MANGO *	8 ALASKA	8 SPICY TUNA
16 SHITAKE	16 CALIFORNIA	8 SPICY CRAB

## | GOLD PLATTER |

98 Pieces

\$75.00

INCLUDES:

8 AVOCADO	8 VEGETARIAN	10 SALMON SHITAKE
8 CUCUMBER	8 SPICY VEGETARIAN	8 SPICY SALMON
8 MANGO *	8 ALASKA	8 SPICY TUNA
8 SHITAKE	8 CALIFORNIA	8 SPICY CRAB

## | SILVER PLATTER |

58 Pieces

\$45.00

INCLUDES:

8 AVOCADO	8 SPICY VEGETARIAN	8 SALMON SHITAKE
8 CUCUMBER	8 CALIFORNIA	8 SPICY SALMON
8 VEGETARIAN		

## | VEGETARIAN PLATTER |

58 Pieces

\$42.00

INCLUDES:

8 AVOCADO	8 SHITAKE	8 SPICY VEGETARIAN
8 CUCUMBER	8 VEGETARIAN	10 AJ'S
8 MANGO *		

\* SUBSTITUTED WITH SPICY VEGETABLE ROLLS WHEN NOT IN SEASON

**NOTE:** ABSOLUTLEY NO SUBSTITUTIONS ALLOWED.

SPICY MAYONNAISE AND SHITAKE MUSHROOM SAUCES ARE NOT INCLUDED.



Fresh Take-Out

---

Fresh Sushi

---

Salads , Soups & Dips

---

Groceries

---

Office Parties

---

Shabbos Kiddushim

---

House Parties

---

Shiva Meals

---

Travel Vacuum Meals

**HOURS**

Monday 10:00 am - 7:00 pm

Tuesday 9:30 am - 7:00 pm

Wednesday 9:30 am - 7:00 pm

Thursday 8:30 am - 7:00 pm

Friday 7:30 am - 2:30 pm

Saturday CLOSED

Sunday 12:00 pm - 5:00 pm

**416.781.9900**

3003 BATHURST STREET, TORONTO  
(BATHURST & CARIBOU)

[www.koshergourmet.ca](http://www.koshergourmet.ca)